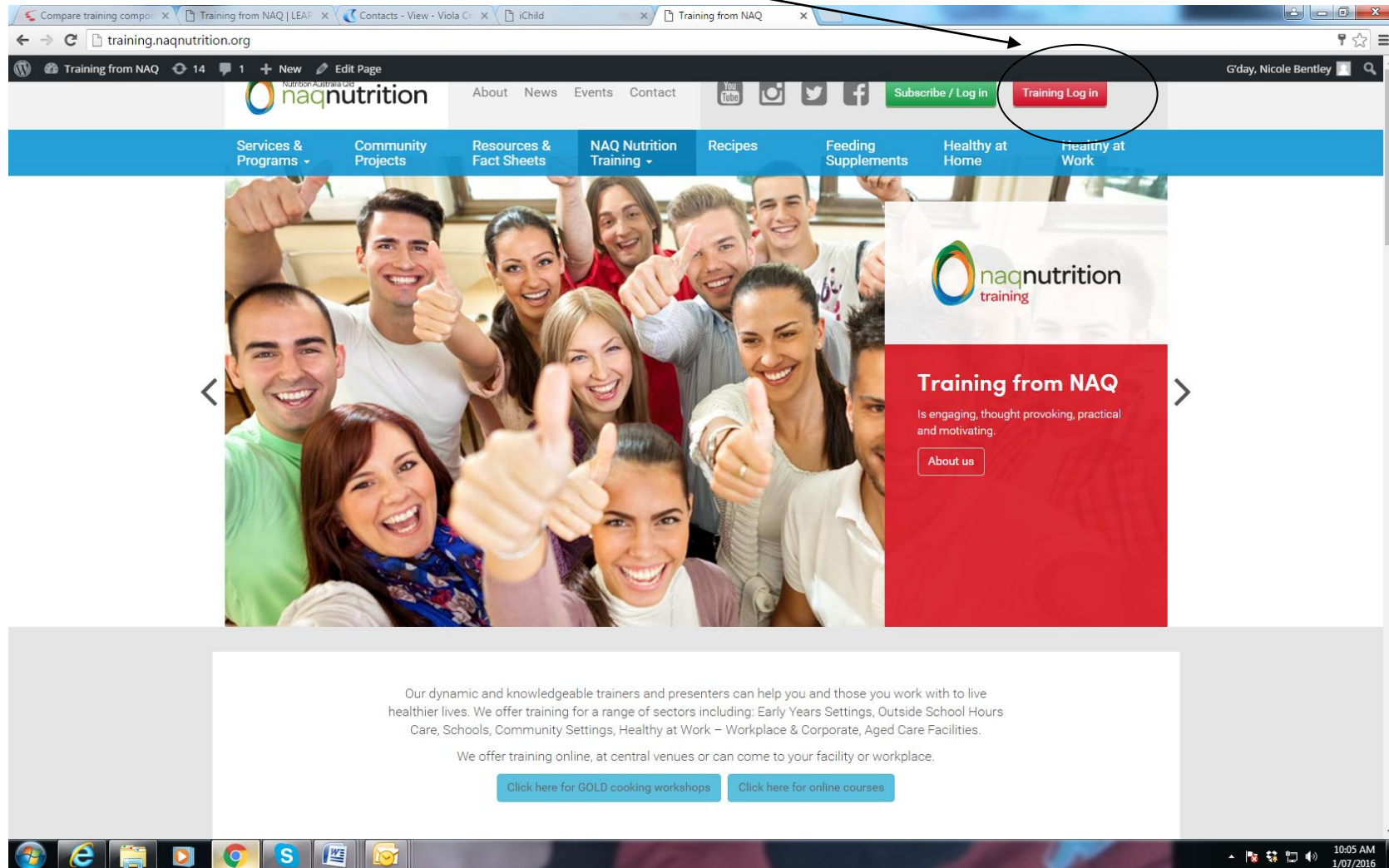
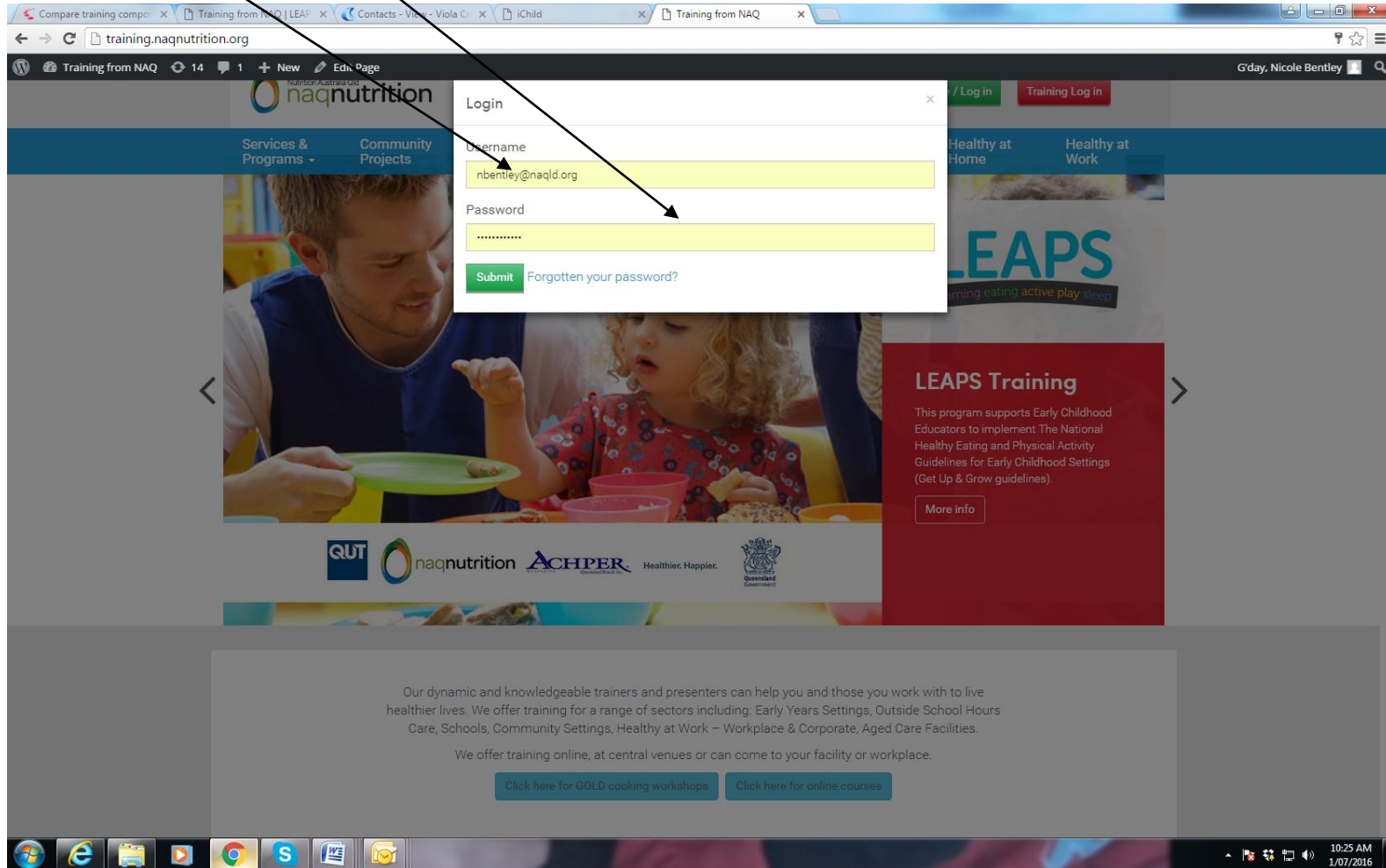


HOW TO LOGIN To Online Training through NAQ Nutrition Training

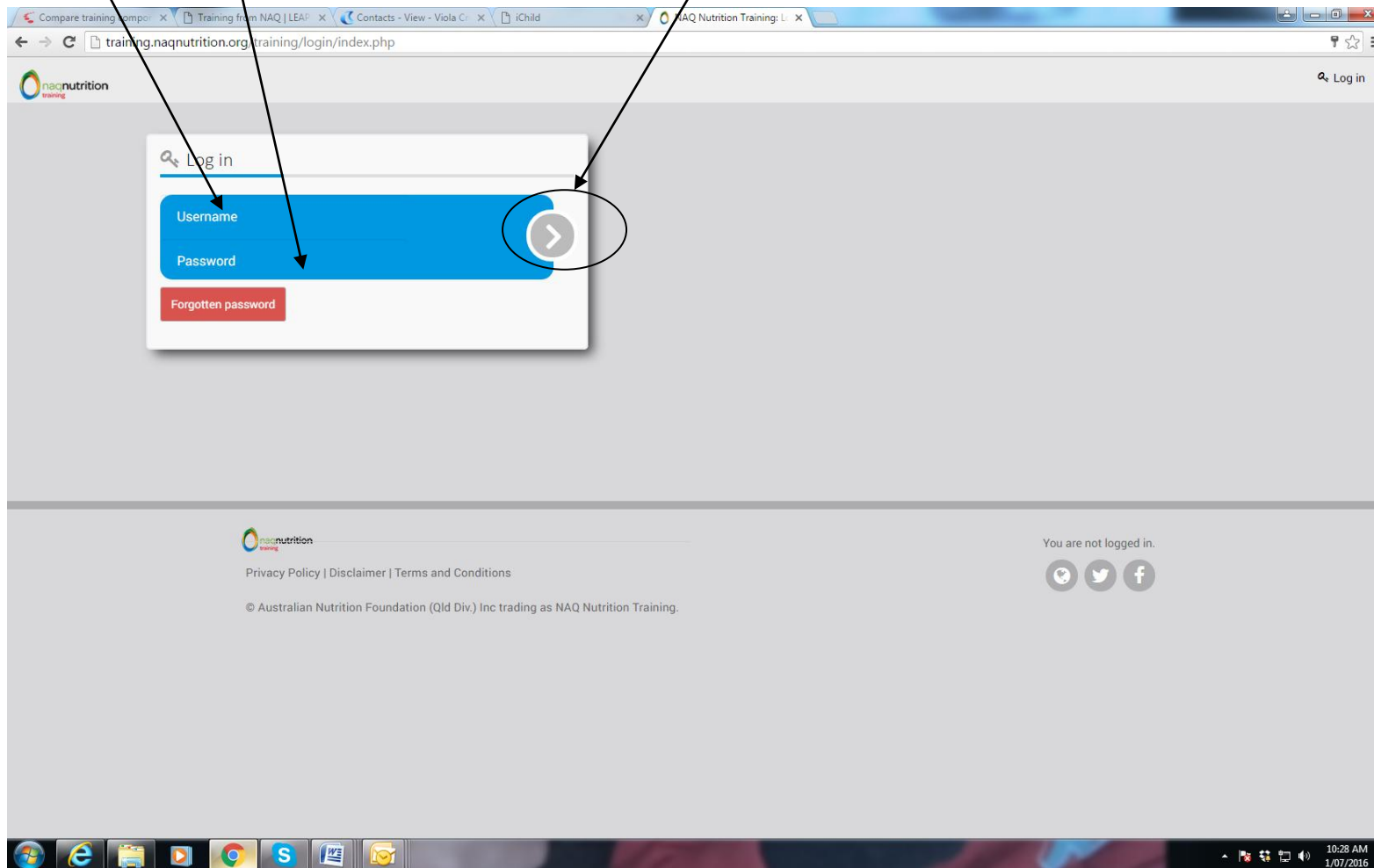
1. Click on the **Red training log in button** at <http://training.naqnutrition.org/>



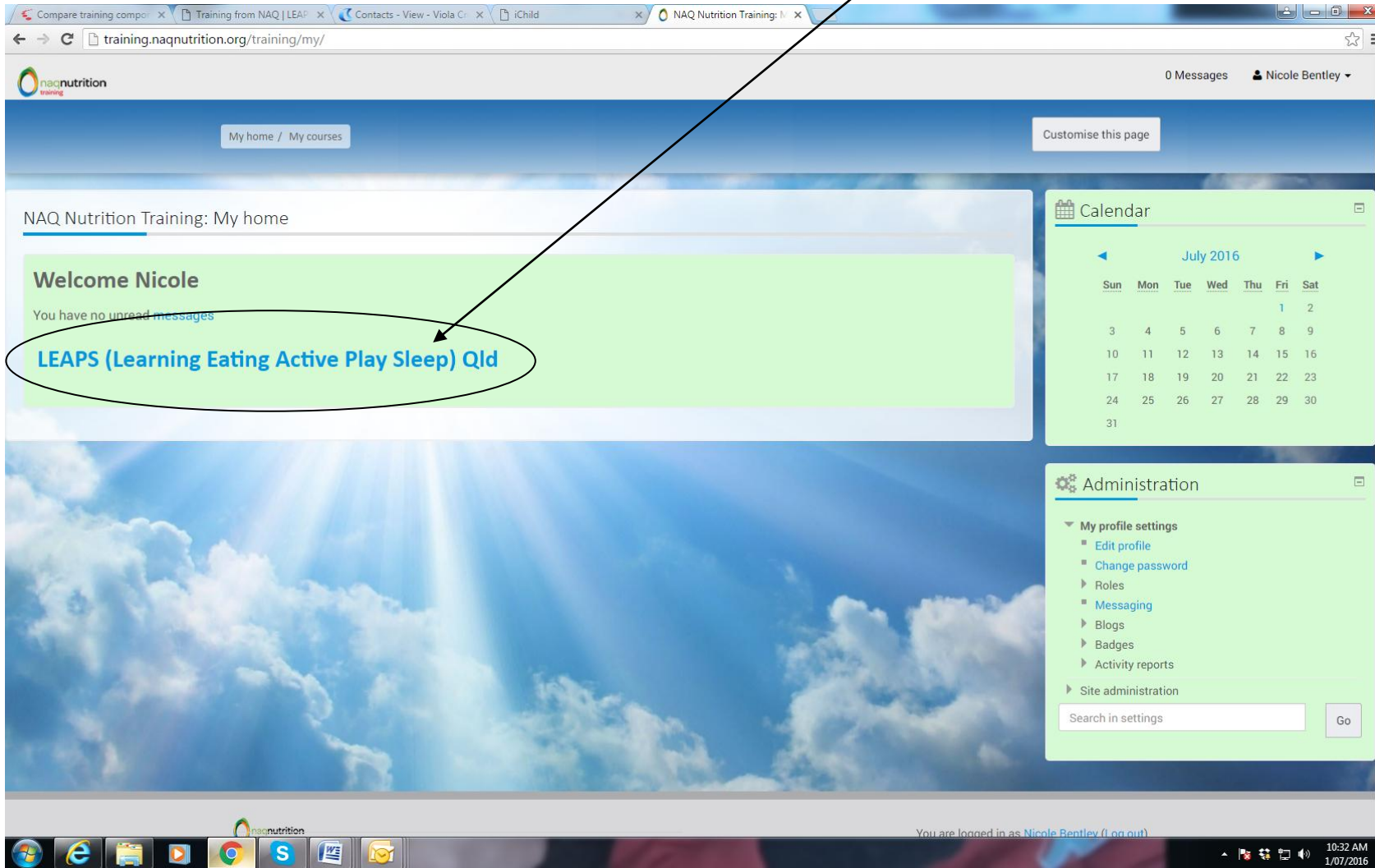
2. Enter your username and password (your username is the email address you registered the training on). Press submit (or press enter on your keyboard)



3. If this is your first login to your online training (or your password has been changed, you will be directed to this page to enter your username and password again. Please enter again and click on the grey arrow (or press enter on your keyboard)



4. You should then be logged in and have access to your training.
5. Click on the course name you wish to access (i.e. for LEAPS, click on the blue– LEAPS Learning Eating Active Play Sleep Qld)



The screenshot shows a web browser window with the URL training.naqnutrition.org/training/my/. The page displays a user profile for Nicole Bentley with 0 messages. A navigation bar includes "My home / My courses" and "Customise this page". The main content area features a "Welcome Nicole" message and a notification "You have no unread messages". A course card for "LEAPS (Learning Eating Active Play Sleep) Qld" is highlighted with a black circle. To the right, there is a calendar for July 2016 and an "Administration" section with options like "Edit profile", "Change password", "Roles", "Messaging", "Blogs", "Badges", "Activity reports", and "Site administration". The footer shows the user is logged in as Nicole Bentley and the date is 1/07/2016.